Spiritual Communion

The Book of Common Prayer reminds us that if one is unable to actually consume the consecrated bread and wine due to extreme sickness or disability, the desire is enough for God to grant all the benefits of communion (BCP, p. 457). When being present at a celebration of the Eucharist is absolutely impossible, this act of prayer and meditation can provide the means by which you can associate yourself with the Eucharistic Action and open yourself to God's grace and blessing.

Bless the Lord who forgives all our sins **His mercy endures forever**. *Amen*.

Let the power of the Holy Spirit come upon me, O Lord, to mercifully cleanse my heart and defend me from all adversities; through Christ our Lord. *Amen*.

The Lessons

The Epistle: 1 Corinthians 1:18-24

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

"I will destroy the wisdom of the wise,

and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God.

The word of the Lord

Thanks be to God

Psalm 40:5-11

- 5 Great things are they that you have done, O LORD my God! how great your wonders and your plans for us! * there is none who can be compared with you.
- 6 Oh, that I could make them known and tell them! * but they are more than I can count.
- 7 In sacrifice and offering you take no pleasure * (you have given me ears to hear you);
- 8 Burnt-offering and sin-offering you have not required, * and so I said, "Behold, I come.
- 9 In the roll of the book it is written concerning me: * 'I love to do your will, O my God; your law is deep in my heart."'
- 10 I proclaimed righteousness in the great congregation; * behold, I did not restrain my lips; and that, O LORD, you know.
- 11 Your righteousness have I not hidden in my heart;I have spoken of your faithfulness and your deliverance; *I have not concealed your love and faithfulness from the great congregation.

Glory to the Father and to the Son and to the Holy Spirit, As it was in the beginning, is now and will be forever. Amen

The Gospel John 12:23-33

Jesus said, "The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honor.

"Now my soul is troubled. And what should I say—'Father, save me from this hour'? No, it is for this reason that I have come to this hour. Father, glorify your name." Then a voice came from heaven, "I have glorified it, and I will glorify it again." The crowd standing there heard it and said that it was thunder. Others said, "An angel has spoken to him." Jesus answered, "This voice has come for your sake, not for mine. Now is the judgment of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself." He said this to indicate the kind of death he was to die.

The Word of the Lord Thanks be to God

Homily

The Apostles Creed

I believe in God, the Father almighty, creator of heaven and earth;
I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins the resurrection of the body, and the life everlasting. Amen.

The Prayers

The Lord be with you And also with you Let us pray,

Merciful God, through the work of Thomas Cranmer you renewed the worship of your Church by restoring the language of the people, and through his death you revealed your power in human weakness: Grant that by your grace we may always worship you in spirit and in truth; through Jesus Christ, our only Mediator and Advocate, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Intercessions Act of Contrition

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. (1 John 1:8-9) Most merciful God, I confess that I have sinned against you in thought, word, and deed, by what I have done, and by what I have left undone. I have not loved you with my whole heart; I have not loved my neighbors as myself. I am truly sorry and I humbly repent. For the sake of your Son Jesus Christ, have mercy on me and forgive me; that I may delight in your will and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen*.

Act of Reception

In union, blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, (and remembering particularly our own Diocese and the many faith communities that will meet virtually tomorrow and those worshiping there) I long to offer you praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me to serve your Church as a Pastor, Teacher and Guide I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. **Amen.** Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Come Lord Jesus, and dwell in my heart in the fullness of your strength; be my wisdom, and guide me in right pathways; conform my life and actions to the image of your holiness; and, in the power of your gracious might, rule over every hostile power that threatens or disturbs the growth of your kingdom, who with the Father and the Holy Spirit, lives and reigns, one God, in glory everlasting. *Amen*.

The Blessing

And may the peace of God, which passes all understanding, keep your heart and mind in the knowledge and love of God, and of his Son Jesus Christ my Lord; and the blessing of God Almighty, the Father, + the Son and the Holy Spirit, be with you now and always. *Amen*.